

Copeland Chase 2014, Sunday 9th November

Back to the Loweswater Fells

Well where has the year gone? The Chase seems to have come around so soon...I'd best get my finger out!

Back to the **Loweswater Fells** this year, last used in 2011 on what was a glorious and uncharacteristically warm November day. Expect some long legs with plenty of route choice options on good runnable terrain.

Parking: will be at GR [NY086183](#)

Starts: 0900-1100

Map: A3 1:15000 pre-marked with the courses, as usual, 10k, 15k and 20k.

Hot drinks and cakes after your run...

...all for the still reasonable £9, with a £2 reduction for British Orienteering members.

Entries: Pre-entries preferred, only limited EOD, on either a FRA or BOF Standard Entry Form with cheque to 'WCOC' to:

John Slater
4 Kirkland Road
Ennerdale
Cleator
CA23 3AZ

01946 862764

See you all there and hopefully the great weather this event usually enjoys will continue

Thanks
John